Rip Currents

Get to know more about this dangerous weather event

|  |
| --- |
|  |

|  |  |  |
| --- | --- | --- |
|  |  |  |
| Nearly 70% of rip current deaths occur between May and August. When you go to the beach, check the conditions and forecasts in advance, swim near a lifeguard, and look for any warning signs or flags. | Most common States FL / NC / TX / NY / SC | Don’t worry  just float!  If you swim against the rip current you will fatigue…instead, float and call for a lifeguard or anyone else on the shore. |
|  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Strong Swimmers:  Crawl on your front along the shore to escape the direct rip in either direction and let the waves pull you in. |  | Scan the QR code to test your knowledge about rip currents fora chance to win a $100 gift card. |  |

References:

Van Aardt, Bianca. “Understanding Rip Currents.” The North Coast Courier. 2015.

Retrieved from <https://northcoastcourier.co.za/33475/understanding-rip-currents/>